

There is no better start for this article than a conversation that started with a father of four kids, he started telling me about a friend of his that decided to take his kids back to Ethiopia to visit because his fears of them being influenced by the wrong people & getting a long with the wrong crowd then start behaving or acting the same way like getting into drugs & leaving school or carrying guns around and all the things that could destroy an individual.

I asked: why back to Ethiopia?

He said: so they can see how hard life is & they get to know more about culture & all the good influence.

I said: but there are drugs & all that there too of course beside the good thing that you are talking about.

He said: well he is hoping that this could work.

I said: it's all about choice & we have the same problems here & there.

He said: that is true but that's the only thing that my friend could think of, he has fears for his children's future & I have the same fears for my Children's future & soon they wont be scared of me, & they wont care about being grounded or any punishment they will grow & care no more so what should I do?

I asked: do you talk to them?

He said: what do you mean?

At that moment I understood that he doesn't know how to talk to his children or young teens he has no communication with his kids & this is not just about him, but its about all of us, we have the same problems in our families, lack of communication, the parents roles in our lives are so limited either because that's how we grew or because we think it's the best way so all what they have to is provide the living & wish that the children or the teens when they grow they will make the write decisions & have a better life .....how with no basic?

I can't blame us completely for this thinking our countries been thro war some times & poverty other time, plus all the political problems that happened & went thro migration & leaving the country & so on & all the problems that followed.

But its time to start changing to the better & educating our people about different aspects of life that makes its easier for them & for the coming generations after, & this topic is important because by educating a family & helping them to find easy ways of communication & having a better life means having a strong motivated & educated individuals then a whole of generation.

we have a huge need for communication within our families but first of all with our selves, we need to drop that role of a father is just to provide living & to decided the punishment, we need to drop that the role of the mother is just to take the responsibility of the house & make sure that the children are punished for misbehaving.....

I said: you need to talk to them set down & make time for them, listen to their dreams & what they want from life encourage them when they have dreams, comforting them when there sad, be their best friend their lovely father that is a always there for them & gain their trust, be the one that they will get back to you when ever any thing goes wrong, tell them your opinions about things, & tell them when they are wrong & why were you wrong at times, when they get punished tell them why are you punishing them, tell them the result of behaviors or actions , tell them about your experiences & what you went thro, go with their age & try to understand what they need in a very different age. You have to a void all your personal issues & frustration when you deal them because its not their fault & because children tend to carry that with them for longer periods of time, you have to a void any fights or any issues in your marriage if there are any & and solve it some where else behind closed doors, where you are a way of affecting those kids. There are many specialists & family centers & its not a shame or wrong to go & ask & find out information from other people that are experts to make our life better, its not wrong to pick up a book that talks about family issues & its not waist of time if you sat with your partner & gave it a talk about your ways of dealing with problems that happens in your family, we have to break all that bad habits that we carry with us so we can improve, we have to keep good ones in order to not lose our culture & every thing good a bout it.....am not asking for one night change comes from every single day effort, day by day try so can create better life & have a successful individuals with good basic in life, so when we take our kids back home to visit we will be helping them in every you can with your kids, to teach them & g9ive them a better example, volunteer & give back to your country & your community with a united family.